

# **Tired? Stressed? Genotype A?**

Come to Woodlands Manor Health Farm



As a genotype A individual, you already know you are at increased risk of heart attack. The good news is we have 10 years experience of preventative treatment for Genotype A clients.

Our facilities are tailor-made to suit your needs and reduce heart stress that could lead to a heart attack.

## **Facilities include:**



Gymnasium and swimming pool complex with Genotype A specialised instructor.

Pierre Dumont, genotype A qualified chef will serve up a five star menu that complies to suggested dietary requirements for genotype A.



Prices for a weekend at Woodlands Manor start from as little as £999pp dinner bed and breakfast.

“I felt de-toxed and relaxed after the weekend, it is a real investment in my future”  
Mrs R Smith, Somerset